

# **SECOND TRIP CONSIDERATIONS**

## **Meals:**

1. Must bake yeast bread
2. No pre-prepared meals
3. All meals from scratch
4. No cans or jars
5. One dinner must have international theme
6. Must bake one dessert

Yeast Bread Instructions – recipe on page 249

## **Shelter:**

1. Must erect tarps (recommend tarp camping)

## **Skills Checklist:**

1. Must be in charge of and cook one meal (may be done with partner)
2. Must help erect tarp and demonstrate at least two camp knots
3. Must light stove
4. Must serve in one of the hiking positions
5. Must hang food (can be done with partner)
6. At some point on the trail must demonstrate shooting a bearing

(You will be given a copy of the list. Instructors will be available to initial and comment. Checklist will be attached to reflection paper when submitted.)

## **Equipment Check Out:**

Noon

## **Reflections Papers:**

Due Wednesday after the trip: See website for copy of reflection assignment criteria.  
Same as first reflection assignment.

## **Trip Plans:**

Due Wednesday before the trip